



Rev It Up Reading: Getting Up To Speed With What You Read Online Course Outline

Module One Getting Started

Welcome!

Introduction

- The Four Needs Formula
- Your Reading Attitude
- Setting Personal Reading Goals
- Set up for Success

Course Objectives

Where Are You Now?

- Multi-Minute Timed Reading #1
- What Your Words Per Minute Mean
- What Your Comprehension Means

If You Read on a Computer Screen

Self-Evaluation of Habits

Congratulations

Module Two Working with Your Eyes and Brain

Welcome!

How the Eyes and Brain Work

- Stops And Jumps
- Your Peripheral Vision Ability
- Bar To Dot Exercise

Reading Tool #1: The White Card Method

- How To Use The White Card Method
- White Card on Paper
- White Card On-Screen
- One Minute Timing Exercise #1

Creating Focus and Concentration

- Where Do You Read Most Often?
- One Minute Timing Exercise #2

Congratulations



Module Three **Reducing the Talking**

Welcome!

Reducing The Talking

Reading Tool #2: Key Words

- How To Read Using Key Words
- Experiment With Key Words
- One Minute Timing Exercise #3

Multi-Minute Timed Reading #2

About Your Timing Results Thus Far

Congratulations

Summary and Preview

Review Exercise

Module Four **Expanding Your Peripheral Vision**

Welcome!

Expanding Your Peripheral Vision

- Why Expand Your Peripheral Vision
- Introduction to Discipline Your Eyes
- Discipline Your Eyes Timed Exercise
- The Goal of the Exercise

Reading Tool #3: Phrasing

- How to Read Using Phrasing
- Experiment with Phrasing
- One Minute Timing Exercise #4

Congratulations

Module Five **Securing Comprehension**

Welcome!

Window Analogy

Unlearn To Relearn

Reducing Regression

The Value of Background Knowledge

Reading Tool #4: Pull Down Center

- Pull Down Center
- One Minute Timing Exercise #5

Reading Tool #5: Two Finger Pull

- Two Finger Pull
- Two Finger Pull On-Screen Adaptation
- One Minute Timing Exercise #6

Combining Your Reading Tools

Congratulations



Module Six

Using Your Reading Stick Shift

Welcome!

Reading Tool #6: Left Side Pull

- One Minute Timing Exercise #7

Reading Tool #7: Right Side Pull

- One Minute Timing Exercise #8

Using Your "Stick Shift"

- One Minute Timing Exercise #9

Reading Tool #8: 2/3 Underline

- One Minute Timing Exercise #10

Multi-Minute Timed Reading #3

About Your Timing Results Thus Far

Congratulations

Summary and Preview

Review Exercise

Module Seven

Organizing Your Reading

Welcome!

Module Objectives

Discipline Your Eyes Warm-Up

- Discipline Your Eyes Timed Exercise
- Self-Timing Exercise

Organizing Your Reading

- Where Does It All Come From?
- One Minute Timing Exercise #11

Making a Quality Pile

Finding More Time To Read

- One Minute Timing Exercise #12

Congratulations

Module Eight

Finding Information Quickly

Welcome!

Three Important Questions

Locating the Writer's Road Map

The Pre-Viewing Process

- Multi-Minute Timed Reading #4
- Multi-Minute Timing (Preview)
- Timed Reading Debrief

Abby's Non-Fiction Reading Process

What About Technical Material?

- One Minute Timing Exercise #13

Congratulations



Module Nine Keeping Your Keepers

Welcome!

Remembering What You Read

Three Useful Ways to Keep Your Keepers

LATCH Filing System

- Multi-Minute Timed Reading #5

Where Are You Now?

- Review your WPM Scores
- Your Reading Attitude
- Self-Evaluation of Habits

The Five Reading Gears

Quick Review of the Course

Your Commitment to Reading

Your Commitment to Speed Reading

Course Survey and Follow-Up Emails (required to complete course)

Self-Timing and Additional Resources

Congratulations!